

Scouts to arrive in full uniform. Grey shirt, scarf and woggle.

We recommended that your scouts gear are best placed in plastic boxes that fit under the X framed stretchers, this keeps tents tidy, items dry in case of bad weather.

✤ <u>Sleeping Gear</u>

- □ Sleeping Bag
- □ Spare sleeping bag (optional and peace of mind for those who have night time accidents)
- □ Sleeping Liner or fitted sheet (Optional)
- □ Camp fire blanket for cold nights and campfire
- □ X framed stretcher
- □ Therma-rest / Sleeping roll matt (used for overnight activity stands)
- □ Pillow and pillow case
- Pyjamas
- □ Thermals (Optional. For overnight activities)

✤ <u>Clothes</u>

- □ Full uniform (to be worn to and from camp and at opening and closing ceremony's).
- □ Waterproof jacket / coat
- □ Waterproof trousers (Optional. However, recommended just in case)
- □ Fleece / Jumper / Coat
- □ Underwear at least 6 pairs (more if possible)
- □ Socks at least 6 pairs and where possible suitable for tramping (recommended)
- □ Purple T-Shirt (if you have one)
- □ T- Shirts (one for each day plus spare)
- □ Shorts (one for each day plus spare)
- □ 2 x Long trousers (not jeans)
- □ Swim wear / togs including rash top.
- U Wetsuit (Optional)
- □ Large towel x 2 (quick drying or thin towels)
- □ Sunhat (wide brimmed / bucket hat. Must be worn at all times)
- □ Beanie / Woolen hat (for overnight activities)

✤ <u>Footwear</u>

- Boots or strong shoes for hiking / all day wear (including spare laces)
- □ Sandals / crocs for inside tent / water activities (NO Jandals or Flip-Flop at camp)
- □ Water shoes / old trainers for water activities
- Gumboots (Optional. Recommended as it can get muddy quickly if weather changes)

✤ <u>Toiletries</u>

- Toothbrush & paste
- □ Soap & face cloth
- □ Small towel
- □ Hair brush / comb / spare hair ties
- □ Deodorant (roll on non aerosol)
- □ Sanitary items (females "just in case")
- □ Shaving gear (males if required)
- Pull ups (optional and peace of mind for those who have night time accidents. Speak to your contingent leader)

Please note: There will be no showers. Exceptional circumstances only.

***** <u>Kitchen / Food</u>

- Ditty Bag, complete with knife, fork, spoon, plate, bowl and mug (non-breakable where possible)
- □ 2 x Tea towels
- □ Water bottle, at least 1.5 ltr plus
- □ Lunch Box (highly recommended)

✤ <u>Extras</u>

- Gear bag or plastic box to place all items. (*plastic box preferred as this helps with keeping items dry and a tidy tent*)
- Day pack to place all items required for day trips.
- □ Hiking pack to carry all items required for an overnight activity (sleeping bag, lunch, water, sleepwear, etc... (Even when not on the hiking stand. NOT A SCHOOL BAG)
- □ Torch including spare batteries
- □ 1 x Plastic bag to place wet clothes
- $\hfill\square$ 1 x Plastic bag and act as a pack liner in their hiking pack.
- Dersonal basic First Aid Kit (plasters, blister pads, tweezers etc...)
- □ Camera (optional, **no phones** and at owners responsibility)
- □ Sunscreen & Insect repellent
- □ Reading & writing material (for down time)
- D Pocket money for tuck shop (Lollies, ice blocks, chocolate, badges etc...)
- □ Group / Zone badges for swapping
- Book to read (Optional. For down time)
- □ Card games (Optional. For down time)
- Pocket Knife (Optional for some stands)
- □ Ground sheet / Tarp 3m x 4m (For the overnight activity)

Medication

- □ Anti. Histamine (optional)
- □ Any medication or inhalers please ensure this is noted on your medical registration form.

NOTE:

- □ CHECK, is your Scouts medical and allergy information up to date??
- □ ALL ITEMS ARE TO BE NAMED!!
- □ Items are your scouts responsibility, CNI are not responsible for lost items.
- □ No devices or electronic gear are to be brought to camp.

If you have any questions about what to bring, please don't hesitate to get in touch. You are also welcome to pack any additional items that will help make your Scout more comfortable at camp, provided they are appropriate.