Scouts to arrive in full uniform. Grey shirt, scarf and woggle.

We recommended that your scouts gear are best placed in plastic boxes that fit under the X framed stretchers, this keeps tents tidy, items dry in case of bad weather.

♦ Sleeping Gear
□ Sleeping Bag □ Spare sleeping bag (optional and peace of mind for those who have night time accidents) □ Sleeping Liner or fitted sheet (Optional) □ Camp fire blanket for cold nights and campfire □ X framed stretcher □ Therma-rest / Sleeping roll matt (used for overnight activity stands) □ Pillow and pillow case □ Pyjamas □ Thermals (Optional. For overnight activities)
& Clothes
□ Full uniform (to be worn to and from camp and at opening and closing ceremony's). □ Waterproof jacket / coat □ Waterproof trousers (Optional. However, recommended just in case) □ Fleece / Jumper / Coat □ Underwear at least 6 pairs (more if possible) □ Socks at least 6 pairs and where possible suitable for tramping (recommended) □ Purple T-Shirt (if you have one) □ T- Shirts (one for each day plus spare) □ Shorts (one for each day plus spare) □ 2 x Long trousers (not jeans) □ Swim wear / togs including rash top. □ Wetsuit (Optional) □ Large towel x 2 (quick drying or thin towels) □ Sunhat (wide brimmed / bucket hat. Must be worn at all times) □ Beanie / Woolen hat (for overnight activities)
* Footwear
 □ Boots or strong shoes for hiking / all day wear (including spare laces) □ Sandals / crocs for inside tent / water activities (NO Jandals or Flip-Flop at camp) □ Water shoes / old trainers for water activities □ Gumboots (Optional. Recommended as it can get muddy quickly if weather changes)

क	<u>Toiletries</u>
	Toothbrush & paste Soap & face cloth Small towel Hair brush / comb / spare hair ties Deodorant (roll on – non aerosol) Sanitary items (females – "just in case") Shaving gear (males – if required) Pull ups (optional and peace of mind for those who have night time accidents. Speak to your contingent leader)
Please	note: There will be no showers. Exceptional circumstances only.
	Kitchen / Food Ditty Bag, complete with knife, fork, spoon, plate, bowl and mug (non-breakable where possible) 2 x Tea towels Water bottle, at least 1.5 ltr plus Lunch Box (highly recommended)
*	Extras
	Group / Zone badges for swapping Book to read (Optional. For down time) Card games (Optional. For down time) Pocket Knife (Optional for some stands) Ground sheet / Tarp 3m x 4m (For the overnight activity)

30	<u>Medication</u>
_ _	Anti. Histamine (optional) Any medication or inhalers - please ensure this is noted on your medical registration form.
NOT.	<u>E:</u>
	CHECK, is your Scouts medical and allergy information up to date??
	ALL ITEMS ARE TO BE NAMED!!
П	Items are your scouts responsibility. CNI are not responsible for lost items.

□ No devices or electronic gear are to be brought to camp.

If you have any questions about what to bring, please don't hesitate to get in touch. You are also welcome to pack any additional items that will help make your Scout more comfortable at camp, provided they are appropriate.